

sandwiches

vegemite / jam	\$2.00 ●
cheese	\$2.50 ●
ham, cheese, tomato & dijonaise	\$3.50 ●

gourmet rolls

tuna, cucumber & lettuce	\$4.50 ●
chicken, cos, avocado & mayo	\$4.50 ●

wraps

chicken caesar	\$4.20 ●
traditional greek with fetta & olives	\$4.20 ●
roast beef, cheese, cos & mango chutney	\$4.50 ●

morning tea munchies

monday

bacon, egg & cheese wrap	\$4.00 ●
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tuesday

chicken & cheese toasted foccacia	\$4.50 ●
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wednesday

ham, cheese & tomato toastie	\$3.50 ●
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thursday

potato scallops	\$1.20 ●
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friday

cheerios & sauce	\$2.50 ●
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hot meals

monday

homemade macaroni cheese & bacon	\$4.50 ●
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chicken fillet burger & salad	\$4.00 ●
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tuesday

homemade pizza with garlic bread	\$4.80 ●
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potato wedges with sour cream	\$3.50 ●
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wednesday

mexican beef burrito	\$4.00 ●
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double cheeseburger	\$4.00 ●
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thursday

thai chicken curry	\$5.00 ●
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cheesy meatball sub	\$4.00 ●
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friday

oriental chicken tender sub	\$4.00 ●
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special fried rice	\$4.50 ●
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savoury snacks

sausage roll	\$2.50 ●
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meat pie (good eating)	\$2.50 ●
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gourmet pie	\$3.50 ●
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beef lasagne	\$3.90 ●
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spaghetti bolognese	\$3.90 ●
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chicken nuggets (6)	\$3.00 ●
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noodle cup	\$2.80 ●
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savoury scroll	\$2.00 ●
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egg and lettuce	\$3.20 ●
chicken, lettuce & mayo	\$3.50 ●
summer salad	\$3.00 ●



salami, cream cheese & mesculin	\$4.50 ●
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turkey, cranberry, brie & mesculin	\$4.80 ●
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tossed garden salad with fetta (gluten free)	\$4.20 ●
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caesar salad	\$4.00 ●
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sushi snacks	tues/thurs from \$3.00 ●
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wellbeing salads & snacks

seasonal fruit cups	\$3.50 ●
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seasonal fruit pieces	from \$0.80 ●
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yoghurt tubs	\$2.20 ●
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vegetarian snack pack	\$2.50 ●
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cheese & crackers	\$1.50 ●
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sweet treats

jelly cup	\$1.50 ●
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mousse	\$1.50 ●
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cookies	from \$2.00 ●
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byron bay cookies (gluten free)	\$3.00 ●
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choc-chip muffins (small)	\$2.20 ●
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choc-chip muffins (large)	\$3.00 ●
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donuts	\$2.50 ●
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cup cake	\$2.50 ●
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red rock deli chips	\$1.50 ●
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quelch fruit sticks	\$1.00 ●
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sunny-boy	\$1.00 ●
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icy pole	\$1.20 ●
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billabongs	\$1.30 ●
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dixie cups	\$1.80 ●
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frosty fruits	from \$2.00 ●
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milo scoop shake	\$3.00 ●
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bag of frogs	\$1.20 ●
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beverages

mount franklin water	\$2.40 ●
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pump water 750ml	\$3.50 ●
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pump flavoured water 750ml	\$3.50 ●
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juice drink tetrapack	\$1.80 ●
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goulbourn valley fruit juice	\$2.80 ●
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golden circle lol sparkling juice	\$2.00 ●
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plain milk	from \$1.80 ●
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flavoured milk	from \$2.50 ●
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powerade	\$3.50 ●
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iced tea	\$3.50 ●
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glaceau vitamin water	\$3.80 ●
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sprite, sprite zero, lift 450ml	\$2.80 ●
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fruit slushie	from \$2.00 ●
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