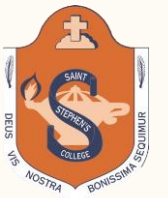




# METRO CANTEEN MENU

## SAINT STEPHENS COLLEGE



### BREAKFAST

Available from 8am

- Bacon and Egg Roll \$5.00
- Bacon Roll \$4.50
- Croissant Varieties from \$3.70
- Toasty Varieties \$4.50

### SALADS

- Chicken Caesar Salad Small/Large \$5.50/\$6.50
- Garden Salad Bowl \$4.50
- Chicken & Avocado Salad Bowl \$6.00
- Chicken Salad Bowl \$5.70
- Cheese Salad Bowl \$5.50
- Ham & Cheese Salad Bowl \$6.00
- Snack Box \$5.80

### SWEET TREATS

- Jelly \$2.20
- Jelly & Custard \$2.20
- Custard \$2.00
- Watermelon Bowl Small/Large \$2.50/\$4.40
- Fruit Salad Bowl Small/Large \$2.80/\$4.70
- Mousse \$3.00

### THE BAKERY (HOMEMADE)

- Cookies from \$1.00
- Muffins \$3.50
- Slices \$4.00

### DRINKS

- 600ml Water \$2.50
- 1 Litre Water \$4.00
- Juice Poppers \$2.70
- Waterfords \$4.00
- Flavoured Milk & Iced Coffee from \$3.20
- Iced Tea \$4.40
- Gatorade \$4.80

### GLUTEN FREE & VEGETARIAN

- Vegetarian Snack Box \$5.50
- Vegetarian Rice Paper Rolls \$4.00
- Vegetarian Dim Sims x4 \$3.00
- Vegetarian Fried Rice \$6.00
- Vegetarian Pizza Slice \$4.00
- Gluten Free Nachos \$3.80
- Gluten Free Muffins \$3.50

### SANDWICHES, ROLLS & WRAPS

from \$3.20

Choose your Meat (See Flexischools)

Choose your Fillings (See Flexischools)

Choose your Dressing: Cranberry, Mustard, Mayo, Pickle.

Choose your Bread: White, Wholemeal, Multi-Grain,  
Gluten Free, Roll, Wrap

### HOT OPTIONS

- Sausage Rolls (Homemade) \$4.70
- Potato Top Pie \$4.80
- Cruiser Pie \$4.70
- Lite Pie \$4.50
- Baked Potatoes w/Filling from \$4.50
- Garlic Bread Small/Large \$2.00/\$4.00
- Wedges \$3.00
- Nachos \$3.50
- Hot Dog NO/WITH Sauce \$4.20/\$4.40

### BURGERS

- BLT \$5.80
- Grilled Chicken \$5.80
- Spicy Zinger \$6.00
- Sweet Chilli Tender Wrap \$6.00
- Homemade Beef Patty w/ Salad \$5.70
- Homemade Beef Patty w/ Cheese \$5.70
- Fish Fillet \$5.80

SEE FLEXISCHOOLS FOR MORE ITEMS AND FULL LIST OF OUR DAILY SPECIALS.