



Sports Performance Scholarship – Year 7 and 10 in 2023

General Information for Applicants

Sport at Saint Stephen's College

Thank you for your inquiry regarding Sport Scholarships at Saint Stephen's College. Ever since the College was established in 1996, we have had a strong commitment to Sports Performance.

Saint Stephen's College offers a range of opportunities for students to be involved in Sports through its own extracurricular programs. Our extracurricular programs offer training opportunities and team participation across the Junior and Senior Colleges. Coaching sessions are taken by a team of experienced trainers, many of whom are performing professional athletes.

Sporting teams and activities available for students in Year 7 and above include:

- APS Sport Season One >
- APS Sport Season Two >
- Swimming Carnival
- Cross Country Carnival
- Athletics Carnival
- Runners Club
- Speed and Agility Training
- Athletics Training
- Strength and Conditioning Training
- Sports Program – Basketball *
- Sports Program – Cricket *
- Sports Program – Netball *
- Sports Program – Football *
- Touch Football Training
- Volleyball Training

> *Associated Private Schools (APS) competition is played on Fridays after lunch. It involves seven other associated private schools on the Gold Coast.*

* *by trial and selection in the program*

Saint Stephen's College seeks active sports girls and boys to take on the responsibility and rewarding role of Sport scholarship holders. Such students will demonstrate a commitment to their chosen sports, their teams and above all, a desire to perform and help develop the Sports Department. Their performances should clearly show a strong technical proficiency, sense of athleticism and sporting prowess through their sporting repertoire.

What we see in a Sport Scholar

- Overall athleticism;
- Technical proficiency;
- Willingness to actively participate in a range of groups or activities and support the Sports Department;
- Strong work ethic;
- Leadership skills;
- The ability to compete as both an individual and as part of a team or a squad.
- A well-rounded applicant who participates in all areas of the College, including Performing Arts, Academics and Sport.

Expectations of Sports Scholars

- To regularly train with the extracurricular activities.
- To train and compete at APS seasonal training and matches.
- To compete in all sporting carnivals and honour all College representative events student is selected for.
- To trial for District representation in chosen sport/s.
- To instil pride in performance when competing for the College.